



News

Visit the Message Boards!

One of the most popular sections on DZ just happens to be the Message Boards! You can post questions/answers/advice or just hang around and read what others say! We have a very friendly, helpful group on the boards! Give it a try...

www.disneyzone.net—click on the FORUMS link!

Notice

Please note that Disneyzone is not affiliated with Disney in any way. We are a group of Disney World enthusiasts who want to assist you in making the most of your next Disney vacation.

Have a Safe
and Happy



4th of July!

Some People Go to WDW to Relax

I know that the majority of Disney World visitors end up going home exhausted, but some people actually go to relax.

There are some great ways to relax and pamper yourself at Disney World. Grand Floridian has complete Spa Treatments, something for everyone. Here are brief descriptions of what's available:

Half Day and Full Day Spa services in private or couples treatment rooms.

Facial Treatments. They offer a European Facial, a Special Mens Facial and a Toning Facial. You can choose which cleansers and moisturizers, and any other serums that they use.

Hand and Body Treatments. They have manicures, pedicures, and leg treatments.

Water Soaking Therapy. Basic Hydrotherapy Massage, and many different baths/soaks; mustard, hydrobath, mineral soaks, floral, algae soaks, sport baths and more.

Body Therapy. This is a full treatment. You get an algae mask, aromatherapy salt, mineral glow, and finish with a paraffin wax body wrap.

Massage Therapy. They offer a variety of massage therapy choices; Swedish Massage, reflexology, sports massage, scalp, shoulder

and back massage, and shiatsu. I will take one of each please.

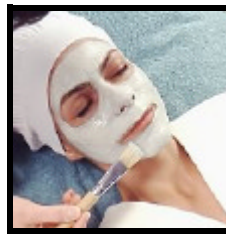
The prices vary based on how long the treatment is, and in what combination you choose them. They say that the 'rule' is to plan \$100-120 per hour of treatment.

Some treatments are meant to be enjoyed in conjunction with another. For instance, the very popular Sports Bath is great along with the Sports Massage. The bath is great for relieving your overexerted muscles. Invigorating and intense massage combined with heat packs and muscle oils and linaments. The sports bath is a deep jet hydrotherapy bath with an aroma blend to relieve your sore and tired muscles! Combined time for these treatments is 70 minutes and will run about \$130. From those who have experienced it, it's worth every penny!

The Grand Floridian Spa Cast Members say that they recommend people making reservations at least 24 hours prior to ensure the time and service you want, but walk-ins are welcome. They also say that they love answering guest's questions about their treatments, so give them a call if you are interested, or would like more information. Here is the contact info:

407-824-3000—Gift Certificates are available, too!

The Disney Institute also has Spa Services, and if you would like to call them to compare services, or prices, here is their contact number: **407-827-4455**



Comments from DZ Visitors

DZ is becoming such a wonderful place, thanks to everyone who hangs out on the message boards, and who contribute to the site and the newsletters. I wanted to share some emails we have received...

Hi, I love Disney World soo much and your news letter makes me soo excited for the next time I go back to such a magical place!!! Just wanted to say great job and thank you for bringing a smile to my face when I get loaded down with other emails. – L.F.

I love disneyzone and I send a lot people to disneyzone for pictures and info. Thank you for going to all the trouble of making text for webtv for me and i'm sure others. Thank you from Ray

I am so glad I ran into this site. I cant wait for my trip to Florida with my son this Fall—Tammy

I love the site but it makes me sick. It makes me disney sick, I mean it makes me want to go back to disney

and I cant. The site is great and the newsletter is too. Love Grandma Jeanes articles.—Ronda

This site is fantastic. I have visited WDW each of the past two years and have obtained information that was not only interesting, but irreplaceable. Thanks for all your hard work.—Debbie

I absolutely love the walking tours of the hotels! We stay at the campground, and have toured just a couple of the hotels.....now, I just have to see the rest! Keep up the good work! - Donna

I just cant thank you enough for the newsletters and the info in the website. I know I will can turn to this site to find any info I am looking for. The message boards are so friendly and everyone is so helpful. I have received the most valuable tips from people there. I just love everything. Our vacation is going to be wonderful because of everyone at Disneyzone. - Laura

I'm on your mailing list and receive my newsletter. Thank you for that. I love your site and have been a visitor for over a year now. I have recommended

your site to other like minded English Disney fans. I have found the information on the forums of great value and still visit regulary. Next trip to WDW will be June 2002, when we are taking my In Laws for their first time. Keep up the excellent work on the site it's of great use to me, as I don't know of any British sites that can give such honest and detailed information. - Lynne

This site is unbelievable informational. To say it has exceeded my expectations would be a grave understatement. Parade & fireworks information and more and more and more! Thank you for providing this on the Internet. I have spent several hours at your site alone beginning to plan our trip. A trip that I now believe will be a bit more fulfilling thanks to the in depth, detailed and well-organized information you have gathered. I've bookmarked this site and will definitely be spending more time here with the children to get their input as well. Goodness, the focus of this family vacation is them...they should have the majority of input as to what they want to see! Thank you again - Theresa

Tips for Families with Small Kids

Tips from Allison

I have been to Disney World 4 times in the past 3 years with my family. We have small children and I have been there pregnant, too. So I have a lot of tips to share.

First of all I think you need to realize that with little kids you have to go at a kids pace. You have to let them soak things in. Each kid will be intrigued by different things and try to let each child do the things they like. Our oldest son is 5 and he has always been fascinated by the popcorn carts. We know that we will have to stop at each one and watch the popcorn being made. Our middle child loves the castle and she can sit and stare at it forever. We make sure we sit for pa-

rades somewhere where she can sit and look at the castle. She is almost 4. Our baby just turned 2 and so far he could care less what we do, he just likes all the colors and activity. One note, we have always brought our own stroller. I find the kids are more comfortable in their own strollers. And I like having the stroller to use from the buses to our room, and from the park to the busses.

Always take a mid-day break! We go early to the parks, have the kids eat in the room before we head out. Then we stay at the park through lunch time. We leave at lunchtime. We find a place to eat then go back to our hotel and rest. The kids have always been able to easily nap for a couple hours. When they wake up we go swim for a little

while, then have an early dinner. We go to the parks at night if they are open late and make sure to be back in the room for a pretty normal bedtime.

Take plenty of clothes for the kids and pack a change of clothes for each kid to take with you to the parks. They will probably need it. Bring a box of baby wipes (even if you don't have a baby) to clean up messes and to wipe messy hands. Bring a ziplock bag for trash!

I will write more for next month. I hope my tips help you enjoy your trip a little more.

June 2001 Theme Park Hours

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 MK 9-10 Epcot 9-9 Epcot WS 11-9 MGM 9-10 AK 8-6	2 MK 9-11 Epcot 9-9 Epcot WS 11-9 MGM 9-10 AK 8-6	3 MK 9-10 Epcot 9-9 Epcot WS 11-9 MGM 9-10 AK 8-6	4 MK 9-1 Epcot 9-10 Epcot WS 11-10 MGM 9-10 AK 8-6	5 MK 9-10 Epcot 9-9 Epcot WS 11-9 MGM 9-10 AK 8-6	6 MK 9-10 Epcot 9-9 Epcot WS 11-9 MGM 9-10 AK 8-6	7 MK 9-10 Epcot 9-9 Epcot WS 11-9 MGM 9-10 AK 7:30-6
8 MK 9-10 Epcot 9-9 Epcot WS 11-9 MGM 9-10 AK 8-6	9 MK 9-11 Epcot 9-9 Epcot WS 11-9 MGM 9-10 AK 8-6	10 MK 9-10 Epcot 9-9 Epcot WS 11-9 MGM 9-10 AK 8-6	11 MK 9-10 Epcot 9-9 Epcot WS 11-9 MGM 9-10 AK 8-6	12 MK 9-10 Epcot 9-9 Epcot WS 11-9 MGM 9-10 AK 8-6	13 MK 9-10 Epcot 9-9 Epcot WS 11-9 MGM 9-10 AK 8-6	14 MK 9-10 Epcot 9-9 Epcot WS 11-9 MGM 9-10 AK 8-6
15 MK 9-10 Epcot 9-9 Epcot WS 11-9 MGM 9-10 AK 8-6	16 MK 9-11 Epcot 9-9 Epcot WS 11-9 MGM 9-10 AK 8-6	17 MK 9-10 Epcot 9-9 Epcot WS 11-9 MGM 9-10 AK 8-6	18 MK 9-10 Epcot 9-9 Epcot WS 11-9 MGM 9-10 AK 8-6	19 MK 9-10 Epcot 9-9 Epcot WS 11-9 MGM 9-10 AK 8-6	20 MK 9-10 Epcot 9-9 Epcot WS 11-9 MGM 9-10 AK 8-6	21 MK 9-10 Epcot 9-9 Epcot WS 11-9 MGM 9-10 AK 8-6
22 MK 9-10 Epcot 9-9 Epcot WS 11-9 MGM 9-10 AK 8-6	23 MK 9-10 Epcot 9-9 Epcot WS 11-9 MGM 9-10 AK 8-6	24 MK 9-10 Epcot 9-9 Epcot WS 11-9 MGM 9-10 AK 8-6	25 MK 9-10 Epcot 9-9 Epcot WS 11-9 MGM 9-10 AK 8-6	26 MK 9-10 Epcot 9-9 Epcot WS 11-9 MGM 9-10 AK 8-6	27 MK 9-10 Epcot 9-9 Epcot WS 11-9 MGM 9-10 AK 8-6	28 MK 9-11 Epcot 9-9 Epcot WS 11-9 MGM 9-10:30 AK 8-6
29 MK 9-10 Epcot 9-9 Epcot WS 11-9 MGM 9-10 AK 8-6	30 MK 9-10 Epcot 9-9 Epcot WS 11-9 MGM 9-10 AK 8-6	31 MK 9-10 Epcot 9-9 Epcot WS 11-9 MGM 9-10 AK 8-6	E-Ticket Nights are in RED Early Entry Parks are in PURPLE			

Restaurant Review

By Vera

For those of you who visit the Magic Kingdom (basically all of you) and are looking for a different place to eat, try 'Ohana at the Polynesian. It is a great meal that gives you a breather from the hustle and bustle of the park.

You start by taking a 5 minute ride on the Monorail to the Polynesian. You will walk past a beautiful waterfall in the middle of the lobby up to the second floor where 'Ohana is located.

As long as you have a PS you will be seated fairly quickly. There are

windows all along the perimeter that give a very nice view of Cinderella's Castle. Or you might be seated near the front where the chefs are cooking the grilled foods in what looks like a big fire pit.

The atmosphere is very relaxing. Cast members come around playing the banjo (or the polynesian equivalent) and there are coconut races and hula hoop contests during the meal.

The food is served on family style platters. As soon as you get seated the server takes your drink order and starts bringing out food. They start you off with salads, dumplings, and lo mein-type noodles. Then they ask if you would like some more of any of that. Next they bring out skewers of chicken, shrimp and beef. You can eat as much as you want and they

keep bringing back more.

After all of that is done, they offer you dessert (which is NOT included in the price of dinner). I personally recommend the coconut ice cream. It was out of this world.

The price for the meal, not including dessert, alcoholic drinks, or tips, is about \$21.

I stumbled across 'Ohana last August when I was looking for a different place to eat at the Magic Kingdom. I went around 5pm and there was no one there. It is a really nice restaurant, and is a good alternative to the restaurants in Magic Kingdom.

Visit www.disneyzone.net

www.disneyzone.net

Have questions about this newsletter, or about anything regarding Disney World, please visit the site at:
www.disneyzone.net/contact.htm

Tell your friends about Disneyzone!

They can get their own copy of the Disneyzone News emailed to them each month, all they have to do is go to the site and register. They will automatically be put on the list. If you would rather, you may print it out or forward it.

DZ Classifieds, Coming SOON!!! Email for details...

Kids' Views

By Curt

This is my letter to my parents to ask them to take us to Disney World.

Dear Mom and Dad,

I know you are reading this. We need to go back to Disney World very soon. We only had 5 days on our last trip and it wasn't enough days. Please take us back to Disney World really soon. We will save our allowance to help make it cheaper. Carly and me want to stay at the beach club this time and we won't have to waste a day going to the water park. Come on mom, please dad. I know you guys want to go back again. We had such a great time last time and this time it would be even better cuz we would know our ways around. Please Take us back to Disney World.

Travel Polls

There is a Poll on the DZ Resort Biographies Page on the site. In June it asked if you planned to use a rental car on your next Disney trip—close call this time—looks like it's pretty even.

Here are the results :

Yes : 33%
Most Likely: 15%
Probably Not: 14%
No Way: 33%
Undecided: 5%

We'll have a new Poll for July! The more people who participate, the more accurate the poll will be—so **visit the link below TODAY and submit your vote!**

www.disneyzone.net/resortbios.htm

Something New...

Many companies have asked to advertise in the newsletter. I did not want DZ visitors bombarded with ADS so I have hesitated to do this.

Instead of having the advertisements scattered over the newsletter, I thought I would add them to the end. That way, if you are interested in ads, at the last pages! If not, then don't!

The newsletter is sent out to approximately 6000 DZ visitors. They are not sent out as spam, each person who receives it, has asked for it! Many say they print out the newsletters and keep them!

This could be a prime spot to advertise for companies that cater to Disney World visitors.

If you are interested in advertising, or would like to comment regarding this issue, please email me at kimmi@disneyzone.net



Happy Birthday to:

Ashley, Tony, Michael, Mia; 1, Danielle, 5, Rachel, 21, Joshua, 10, Evan, 10, Devin, 4, Ronald, 45, Scott and Louie . . . and every other DZ'er that has a birthday in JULY!

If you would like a birthday announced in the DZ News, send name, and birthday (and age if you want that in, too) to kimmi@disneyzone.net

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